



Mr. Phildon Jonar Austria

Lecturer and CHS Academic Advising Officer

School of Nursing...

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Time at UoN: Since 2017

Marital Status: .Single...

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Academic Qualifications

Master of Science in Nursing Major in Adult Health, Saint Paul University Philippines, 2009

Bachelor of Science in Nursing, Saint Paul University Philippines, 2006

Bachelor of Science in Biology, Saint Paul University Philippines, 1998

Teaching Activities

NURS101 Foundation of Nursing I, This course is an introduction to the fundamentals of nursing practice (hygiene care, taking vital signs, positioning, etc). The concepts basic to the discipline and practice of nursing are taught together with the psychomotor skills that the students need to achieve at mastery level.

NURS106 Foundation of Nursing II, This course is a continuation of Foundation of Nursing I

wherein students are taught higher level fundamental skills of nursing practice (drug administration, administration of IV fluids, asepsis, dressing, etc). The concepts basic to the discipline and practice of nursing care are taught together with the psychomotor skills that the students must master.

NURS220 Adult Nursing I, In this course students are introduced to the adult clients with alterations in health status. It is designed to guide the students in the care of adults with medical / surgical problems. Students are taught to examine terminologies, pathophysiology of cases, specific diagnosis procedures and medical management (medication) and surgical interventions) for each specific alteration in health status affecting respiratory, cardiovascular, gastrointestinal, endocrine, urinary and genito-urinary systems.

NURS230 Adult Nursing II, In this course students are introduced to the adult clients with alterations in health status. It is designed to guide the students in the care of adults with medical / surgical problems. Students are taught to examine terminologies, pathophysiology of cases, specific diagnosis procedures and medical management (medication) and surgical interventions) for each specific alteration in health status affecting the nervous, musculoskeletal, hematopoietic, immunologic and integumentary system along with special senses.

NURS350 Child Health Nursing, This course introduces the students to the concepts of child health/pediatric nursing that should enable them to develop their skills in the care of sick children. The course commences with the developmental milestones of children, care of hospitalized children and the nursing implications of administering drugs to children. These are followed by care of children with alterations in health status according to the various body systems.

NURS200 Pathophysiology, This course focuses on the pathophysiological processes of various diseases and their effects on the organs and systems of the human body. The content includes terminologies, concept of pathophysiological mechanisms of disease processes, manifestations and complications.

NURS203 Applied Nutrition, The focus of this course is the importance of nutrition in maintaining wellness. The course includes essential nutrients for health; factors that influence nutrition; risk factors for malnutrition; nursing interventions to promote optimal nutrition; and nursing interventions for clients with nutritional problems.

NURS465 Epidemiology, The focus of this course is on epidemiological principles in the examination of disease patterns and disabilities among populations. In addition, an introduction to the interpretation of vital statistics, the critique of cross-sectional, case-control and cohort design, and the principles of screening will be discussed.

NRSG202 Therapeutic Nutrition, This course introduces the students to the basic concepts of nutrition and its application to real life clinical situations essential in maintaining the wellness states of clients with known health conditions. The basic knowledge on nutrition principles and clinical dietary approaches will prepare students to develop effective nutritional interventions appropriate to help attain the nutritional needs of clients with known disease conditions.

NURS460 Community Health Promotion, This course introduces you to a comprehensive, systematic, coordinated approach to affecting long-term health behavior change. This is done by influencing the community (cultural) norms through education and community organization. It emphasizes on the use of the phases of community health promotion.

NURS190 Anatomy and Physiology II, This course is the continuity of Anatomy and Physiology I. The foci of this course are the structures and functions of the nervous system; sense organs; endocrine glands; gastrointestinal, renal, musculoskeletal, and reproductive systems.

Research Activities

- *Research Interests*

Adult Health

Epidemiology

- *Publications*

Article:

1. 2020 Abstract, Al Subhi, M.M.A.B., & Austria, P.J. (2020). Knowledge and Practice Among the Adolescent Girls towards Menstruation and Menstrual Hygiene in Wilayat Nakhal. (ABSTRACT), Malaysian Journal of Medicine and Health Sciences, 16, Supp 5 (eISSN 2636-9346)
2. 2017 Exploring the Influence of Informatics in Nursing: The Filipino Student Nurses Perspective, Austria, P (Summer 2017). Exploring the influence of informatics in Nursing: The Filipino Student Nurses Perspective. Online Journal of Nursing Informatics (OJNI), 21(2).

Faculty Administrative Experience

2019 - Present: SON Academic Advising Officer

2018 - Present: SON Web Page Coordinator - University of Nizwa

Membership in Professional Bodies

- Present: Philippine Nursing Research Society
- Present: Gerontologic Nurses Association of the Philippines
- Present: Philippine Nurses Association

Award and Recognitions

Outstanding Faculty, School of Nursing Saint Louis University, Baguio City, Philippines

I believe that every learner has a unique character, learning styles and learning adaptation. As such, an educator must know how to convey learning through the use of various teaching strategies, modalities and approaches to make learning more meaningful. Similarly, teaching is not solely concentrated on a contextual basis or approach, instead, teaching should be transformational where it brings out the best in every learner to maximize his or her potential in his or her chosen career.

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