



Dr. Abdulhameed Abdulla Salim Al Kittani

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Physical Therapy .

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Office Location: 33-13.

Time at UoN: Since 2025

Marital Status: Married.

I am an assistant professor and program coordinator for the physical therapy program at UoN. I am a Consultant in Rehabilitation and Exercise Science focusing in the provision of diversified therapies and pain management for acute and chronic musculoskeletal injuries. Experienced with all stages of rehabilitation and exercise prescription for metabolic syndrome patients. Well-versed in numerous therapeutic programmes including dry needling, electrotherapy, cupping therapy, IASTM tools. As an acting director of sports medicine perviously , I have strong background in project management and customer relations

Research Activities

- Research Interests

Sports and Exercise Science and Rehabilitation

Musculoskeletal

- Conference Presentations

- Lecturer for Ministry of Education (5 days Course in Sports injuries and First Aid) Year

- Publications

Article:

1. 2016 • Supervision during Rehabilitation Programme following ACL Reconstruction; A systematic Review
2. 2016 • Effects of Imagery on Acute Injury Recovery, Ann Allied Health Sci.2016; 2(1):7-11
3. 2015 • A multidisciplinary approach to disability rehabilitation: the case of a person with disability., European Journal of for Person Centred Healthcare (2015).
4. 2014 • Antecedent anterior cruciate ligament reconstruction surgery and optimal duration of supervised physiotherapy. A case report, Journal of Back and Musculoskeletal Rehabilitation (2014).
5. 2014 • The role of Resource Information Centres in the community based rehabilitation framework. disability, CBR & Inclusive Development
6. 2013 • Effects of antecedent flexibility conditioning on neuromuscular and sensorimotor performance during exercise-induced muscle damage, Journal of Exercise Science & Fitness (2013).