



## Dr. Kamla Milad Al-Ghassani

Assistant Professor

**School of Pharmacy**

*College of Health Sciences*

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Office Location: 33-28.

Time at UoN: Since 2025

Marital Status: Married.

### **Academic Qualifications**

**Ph.D., Social & Administrative Pharmacy**, University of Minnesota - Twin Cities .  
Minneapolis, United States, 2021, The Effect of Personality Temperaments on Low  
Medication Adherence in Chronic Disease Patients of Two Different Populations: the U.S.A  
and the Sultanate of Oman

**MSc, Clinical Pharmacy** , University of Strathclyde. Glasgow, United Kingdom, 2006,  
Evaluation of Quality of Current Prescribing Practice to Specific Guidelines by Applying an  
Audit Tool for the Management of Acute Coronary Syndrome (ACS)

**BSc, Pharmacy**, University of Strathclyde. Glasgow, United Kingdom, 1998

### **Teaching Activities**

**PHCY306 - Social, Administrative & Legal Aspects of Pharmacy Practice**, University  
of Nizwa (*Assistant Professor*), This course provides an understanding of social, behavioral,

managerial, and legal aspects, with an emphasis on their implications for patient care. It also equips the students to develop leadership, decision-making, and management roles in providing pharmaceutical care through an evidence-based, legal, and ethical practice of pharmacy. The course also focuses on drug regulatory aspects and approvals., Summer & Fall 2025

**PHCY412L - Pharmacy Skills Lab-3**, University of Nizwa (*Assistant Professor*), This course aims to enhance the student's skills to deliver patient-centered services as a pharmacist in a healthcare setting. The students must integrate their knowledge, skills, and values in attaining the course objectives. The course discusses and reviews medication order preparation, identifies drug-related problems and makes suitable recommendations, communicates with healthcare professionals, documents interventions, and counsels/educates patients, Fall 2025

**PHAR 6758 - Pulmonary Pharmacotherapy**, University of Minnesota (*Teaching Assitant*)), This course provides students with the requisite pathophysiology and pharmacotherapeutic knowledge to care for patients with common pulmonary diseases, Spring 2019

**PHAR 6971 - Geriatric Pharmacotherapy**, University of Minnesota (*Teaching Assitant*)), This course focuses on pharmacokinetic/pharmacodynamic changes and their implications in elders. It examines the effects of drug-drug and drug-disease interactions, as well as drug adherence barriers, to provide optimum pharmacotherapy to elderly persons, Spring 2019

**PHAR 6772 - Topics in Pharmacotherapy**, University of Minnesota (*Teaching Assitant*)), This course is designed to provide students with the pharmacologic, pharmacotherapeutic, and pharmaceutics knowledge they need to understand therapies for dermatologic, gastrointestinal, and genitourinary conditions, and arthritis and gout. It is designed to prepare future generalist pharmacists to be knowledgeable about common conditions of aforementioned topics and appropriate pharmacotherapy options for treatment, Fall 2018

**PHAR 6701 - CoP Community Outreach**, University of Minnesota (*Teaching Assitant*)), This course provides students with hands-on learning experiences in community and clinic-based environments, where they participate in interprofessional models of patient care alongside other healthcare professionals, Fall 2018

## **Research Activities**

### **- Conference Presentations**

Personality , Chronic Disease and Financial Hardship In Patient's Adherence, ISPOR 20th ANNUAL EUROPEAN CONGRESS, Glasgow, Scotland, 04/11/2017

### **- Conference Attendance**

The 9th Regional Pharmacy Faculty Development Workshop: Artificial Intelligence in Pharmacy Education, Ajman University, United Arab Emirates, 17/01/2026

ISPOR 20th Annual European Congress, The evaluation of Value in Health Care, Glasgow, Scotland, 04/08/2017

ISPOR 21st Annual International Meeting, Value, Affordable, and Patient-Centeredness: Can We Have It All?, Washington DC, USA, 21/06/2016

7th Medication Safety Conference 2014, Abu Dhabi Health Service Company PJSC (SEHA), UAE, 7/11/2014

Drug Discovery and Therapy World Congress 2014 (DDTWC 2014), Boston University, USA, 16/06/2014

The 4th Pharmaceutical Care Conference "Towards Excellence in Pharmacy Practice", Muscat, Oman, 02/02/2014

Third International Conference for Improving Use of Medicines, Informed Strategies, Effective Policies, Lasting Solutions, Antalya, Türkiye, 14/11/2011

Symposium on Hypertension Management, Muscat, Oman, 06/06/2010

Dubai Pharmaceutical and Technologies Conference & Exhibition (DUPHAT), Dubai, UAE, 20/11/2009

Pharmaceutical Science Fair, Premier European Platform of Advancing Pharmaceutical Science, Muscat, Oman, 08/11/2009

Asthma and COPD Update, University of Virginia/UniMed International CME Lecture Series, Muscat, Oman, 05/04/2007

Third International Pharmacy Conference Pharmacy Care Research & Pharmacy Management, The Royal Hospital, The Royal Hospital, Muscat, Oman, 12/12/2006

### **- Publications**

#### **Article:**

1. 2021 [The Effect of Personality Temperaments on Low Medication Adherence in Chronic Disease Patients of Two Different Populations: the U.S.A and the Sultanate of Oman](#), Ibrahim, Kamla. (2021). Retrieved from the University of Minnesota Digital Conservancy,

<https://hdl.handle.net/11299/224631>

2. 2017 [The Association between Medication Experiences and Beliefs and Low Medication Adherence in Patients with Chronic Disease from Two Different Societies: The USA and the Sultanate of Oman](#), Ibrahim, K. M., Schommer, J. C., Morisky, D. E., Rodriguez, R., Gaither, C., & Snyder, M. (2021). The Association between Medication Experiences and Beliefs and Low Medication Adherence in Patients with Chronic Disease from Two Different Societies: The USA and the Sultanate of Oman. Pharmacy (Basel, Switzerland), 9(1), 31.  
<https://doi.org/10.3390/pharmacy9010031K> Ibrahim, JC Schommer, PD Tieger, DM Tomaszewski, LM Brown, DE Morisky, PHP182 - The Effect of Chronic Diseases, Financial Hardship, And Personality Types In Patient's Medication Adherence, Value in Health, Volume 20, Issue 9, 2017, Page A683, ISSN 1098-3015,  
<https://doi.org/10.1016/j.jval.2017.08.1717>.  
(<https://www.sciencedirect.com/science/article/pii/S109830151732051X>)

### Faculty Administrative Experience

2019 - 2019: **Student Outreach Monitoring Coordinator** - College of Pharmacy, University of Minnesota. Minneapolis, USA

2008 - 2022: **Consultant Pharmacist & Head of Pharmacy** - Directorate General of Medical Services - Diwan of Royal Court. Muscat, Oman

2000 - 2008: **Pharmacist** - Directorate General of Medical Services - Diwan of Royal Court . Muscat, Oman

1998 - 2000: **Pharmacist** - Directorate General of Pharmacy & Drug Control, Ministry of Health. Muscat, Oman

### Community Services

02/06/2026: Member, Steering Committee for the University of Nizwa Student Development Program

17/03/2026: Member, Working Group for University of Nizwa`s WHO Regional Accreditation as a Health-Promoting Educational Institution

28/01/2026: Chair, CHS-SOP Experiential Education and Practice Development Committee, University of Nizwa

18/09/2025: Chair, CHS Student Events & Activities Committee; Convener, CHS Human Resources Development (HRD) Committee

## **Award and Recognitions**

2020 , Recognized among the distinguished female professionals of the Diwan of the Royal Court for outstanding contributions to advancing institutional excellence, as part of the official celebration of Omani Women's Day.

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Ref.: <https://www.unizwa.edu.om/staff/chs/kamla.milad>